

The Trestleboard March



MESSAGE FROM THE EAST



Greetings brethren,

The Month of February has come and gone very fast. Starting the month of with the Shrine Circus. Our youth groups were volunteering selling thier programs for fundraisers. If you missed them this year, they will have many other Fundraising opportunities in the future. Brother John "Ziggy" Bosarge was raised to the sublime degree of Master Mason on the 24th of February. AS some may know, brother Ziggy is part of the Clown Unit at Ballut Abyad as Buddy the Clown. A lot of Brothers from other lodges as well as the Shrine came to show their support for our newest Master Mason. In this issue of The Tresleboard we will be doing a special cover on a few Job's Daughter's who had recieved the Lily of the Valley award. This was the first time this ceremony was performed in this state. At the bottom of some of the pages will be a cover story about the great contribution these ladies have given to Job's Daughters in which earned then this award.

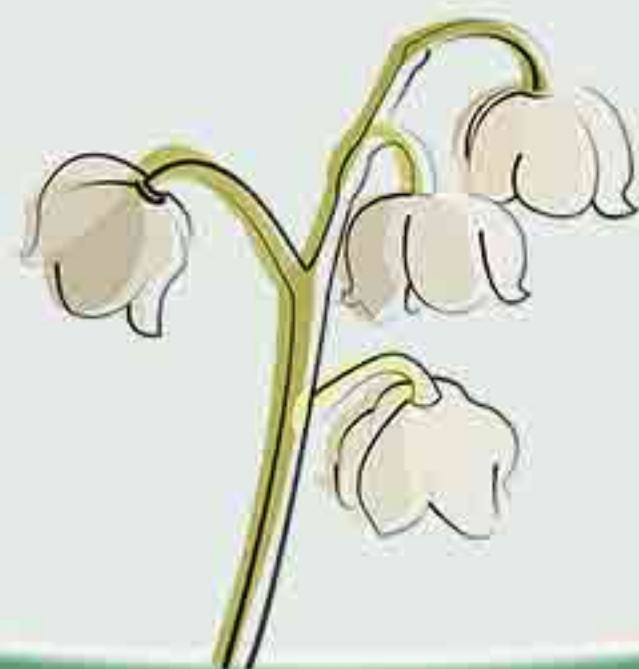
So far we have a great start to our Bikes for Books program. Soon we expect to finish assembly and get them to the schools. This has been a treasured charity event for the lodge, so please keep a look out for any emails that pertain to volunteering in this event.

Id also like to make note that there are multiple degrees coming up this month. Please stay updated via Facebook or email on those dates. Bring your EA's FC's or MM's accordingly.

-WM Martin Maldonado



Job's daughters was founded on October 20, 1920 by Ethel T. Wead Mick in Omaha, Nebraska. The group was founded in order to provide young women an oppportunity to learn about themselves, work together with other young women, and to help others. Job's Daughters Job's Daughters is a Youth Group for girls ages 10 to 20 who have a Masonic Relationship, through either family relationship or sponsorship. We also have a Jobie-2-Bee program for girls aged 7-9. This group is based on Job 42:15," In all the land were no women found so fair as the daughters of Job; and their father gave them inheritance among their brethren. This year New Mexico Job's Daughters awarded three ladies with The Lily of the Valley award. The Lily of the Valley Award is awarded in recognition of outstanding and dedicated service by a Job's Daughter. It is intended to recognize a Daughter who has remained active and supportive , who has given to the Order in a capacity above and beyond the normal call of duty, and who is an outstandind contributor to the Organization. This was the first time in New Mexico's history that The Lily of the Valley ceremony was performed. Each of the ladies from both Bethels wrote a small piece in their newsletter and we'd like to share them with you.



MESSAGE FROM THE WEST

Greetings From the West,

Thank you to all who have worked so hard preparing and performing the degrees so far this year. I am grateful to everyone for stepping up, learning new work and filling in. Let's keep it up as we bring new brothers into our Lodge.

Here is a little item I found to remind us what it means to be "on the level."


The Level is a symbol of equality. The equality expressed here does not mean that of wealth, social distinction, civil office or service to mankind. Masons use the term to refer to the internal and not the external qualifications. Each is endowed with a worth and a dignity, which is spiritual, and not subject to manmade distinctions.

Emily Blaggrave joined Job's Daughters International in 2006 and was initiated into Bethel 4, Rio Rancho. She went on to become Honored Queen in 2010. Later, she went to Bethel 2 Albuquerque, and went through the line again and served as Honored Queen in June 2012 and again in June 2014. Emily was a supreme representative for several years. While serving as supreme representative, she was representative to California Regions 1 & 2, and to Mato Grosso du Sol, and later also as a Supreme Outer Guard. From 2007 to 2017 she has been helping sell programs at the Shrine Circus, and after that she dropped so that she could take care of her grandmother. Emily's Service project during 2012 was Project Linus, she and the Bethel would make blankets to help children who were injured or in need. She also did the Hiram Dinners from 2012 to 2013, and attended every dinner to serve the Masons. This fostered a relationship between the Bethel and the Masons. Emily would go caroling at Montezuma Del Sol and the residents love to see the Bethel. This project is so dear to all of the daughter's hearts and the residents don't mind if we sing off key. In 2013 helping the Blue Star mothers was the service project of the term. The Bethel collected goods for Blue Star mother boxes. The boxes were care packages for service men and women over seas. In the same year Emily helped out at Watermelon mountain Ranch by donating time and collecting goods for dogs and cats that lived there during the year. In the year after, she volunteered at the food bank, she volunteered three times through masonic youth, but through 2014 and 2015 she helped make goodie bags and helped deliver them to Children's Hospitals. Emily and the Bethel did this project for two years and the daughters got a kick from dressing up and delivering the goodie bags to the kids who couldn't go out and dress up. She also did the Basket Brigade from 2014 - 2016. This was through Humble Fish and volunteers delivered Thanksgiving food baskets to those in need. Emily Received her Majority on May 11th, 2015. Once Emily became a majority member, she took over as Bee Keeper for Bethel 2's Jobie to bee Program. She also became a council member for Bethel 4, Rio Rancho, NM. Since being on their council, she has been Director of Epochs and Guardian Treasurer.

The equality practiced in Masonry recognizes that one man may have greater potentialities of life, service or reward than another, but believes that any man may aspire to the heights, no matter how great. Thus, the level dignifies labor and the man who performs it. It also acknowledges the equality of manhood as being equality without regard to station.
<https://lodge43.org/on-the-level/>


Eric Moses Senior Warden,
Sandoval Lodge No. 76

Emily Blaggrave - Lily of the Valley Recipient
By: Victoria Blaggrave



News From Our
Masonic School for
Children with
Learning Disabilities

Our school is an IRS designated 501c3 not for profit corporation and any contributions made to the school can be used as a deduction in your itemized tax return.



If you purchase stuff on amazon, I would like to remind you to use smile.amazon.com and select Masonic School for Children. It will cost you nothing and we will receive a rebate on your purchase.

MESSAGE FROM OUR BROTHEREN

Brothers:
My brother in California sent me this important message. Please pay careful attention to it. -Ben Fratacia

IMPORTANT: Please pass this along to others: The author is James Robb a virologist at UC San Diego
Subject: What I am doing for the upcoming COVID-19 (coronavirus) pandemic

Dear Colleagues,

As some of you may recall, when I was a professor of pathology at the University of California San Diego, I was one of the first molecular virologists in the world to work on coronaviruses (the 1970s). I was the first to demonstrate the number of genes the virus contained. Since then, I have kept up with the coronavirus field and its multiple clinical transfers into the human population (e.g., SARS, MERS), from different animal sources. The current projections for its expansion in the US are only probable, due to continued insufficient worldwide data, but it is most likely to be widespread in the US by mid to late March and April. Here is what I have done and the precautions that I take and will take. These are the same precautions I currently use during our influenza seasons, except for the mask and gloves:

- 1) **NO HANDSHAKING!** Use a fist bump, slight bow, elbow bump, etc.
- 2) Use **ONLY** your knuckle to touch light switches, elevator buttons, etc.. Lift the gasoline dispenser with a paper towel or use a disposable glove.
- 3) Open doors with your closed fist or hip - do not grasp the handle with your hand, unless there is no other way to open the door. Especially important on bathroom and post office/commercial doors.
- 4) Use disinfectant wipes at the stores when they are available, including wiping the handle and child seat in grocery carts.
- 5) Wash your hands with soap for 10-20 seconds and/or use a greater than 60% alcohol-based hand sanitizer whenever you return home from ANY activity that involves locations where other people have been.
- 6) Keep a bottle of sanitizer available at each of your home's entrances. AND in your car for use after getting gas or touching other contaminated objects when you can't immediately wash your hands.
- 7) If possible, cough or sneeze into a disposable tissue and discard. Use your elbow only if you have to. The clothing on your elbow will contain infectious virus that can be passed on for up to a week or more!

What I have stocked in preparation for the pandemic spread to the US:

- 1) Latex or nitrile latex disposable gloves for use when going shopping, using the gasoline pump, and all other outside activity when you come in contact with contaminated areas.

Note: This virus is spread in large droplets by coughing and sneezing. This means that the air will not infect you! [LADD's NOTE: there are reports COVID-19 can be spread through the air so avoid areas where people are coughing and sneezing.] BUT all the surfaces where these droplets land are infectious for about a week on average - everything that is associated with infected people will be contaminated and potentially infectious. The virus is on surfaces and you will not be infected unless your unprotected face is directly coughed or sneezed upon. This virus only has cell receptors for lung cells (it only infects your lungs) The only way for the virus to infect you is through your nose or mouth via your hands or an infected cough or sneeze onto or into your nose or mouth.

- 2) Stock up now with disposable surgical masks and use them to prevent you from touching your nose and/or mouth (We touch our nose/mouth 90X/day without knowing it!). This is the only way this virus can infect you - it is lung-specific. The mask will not prevent the virus in a direct sneeze from getting into your nose or mouth - it is only to keep you from touching your nose or mouth.
- 3) Stock up now with hand sanitizers and latex/nitrile gloves (get the appropriate sizes for your family). The hand sanitizers must be alcohol-based and greater than 60% alcohol to be effective.
- 4) Stock up now with zinc lozenges. These lozenges have been proven to be effective in blocking coronavirus (and most other viruses) from multiplying in your throat and nasopharynx. Use as directed several times each day when you begin to feel ANY "cold-like" symptoms beginning. It is best to lie down and let the lozenge dissolve in the back of your throat and nasopharynx. Cold-Eeze lozenges is one brand available, but there are other brands available.

I, as many others do, hope that this pandemic will be reasonably contained, BUT I personally do not think it will be. Humans have never seen this snake-associated virus before and have no internal defense against it. Tremendous worldwide efforts are being made to understand the molecular and clinical virology of this virus. Unbelievable molecular knowledge about the genomics, structure, and virulence of this virus has already been achieved. BUT, there will be NO drugs or vaccines available this year to protect us or limit the infection within us. Only symptomatic support is available.

I hope these personal thoughts will be helpful during this potentially catastrophic pandemic. You are welcome to share this email. Good luck to all of us!

Be well, do good work and keep in touch,
Ben

Jamie Moryosef
 Lily of the Valley Recipient
 By: Anna Brittenham

Jamie Moryosef joined Job's Daughters Bethel 4 Rio Rancho in May of 2010 and received her Majority in 2019. She has worked very hard in helping her Bethel grow. She has been Honored Queen 4 times with her first time being in 2014 when she was the only member. In the same year, she was princess for Metro Chapter DeMolay as well as became a member of the Masonic youth committee. In 2017 Jamie was awarded Masonic Youth of the Year for all her hard work while remaining active as a member of Job's Daughters. Jamie has been an amazing friend to Bethel 2 and has always offered her help and support without hesitation, especially when they only had two members. She continues to show her support to her Bethel after becoming a majority member by becoming the Bee Keeper of Bethel 4. Not only has she given her full commitment to Job's Daughters, She has also found time to be an active member in her church where she volunteers in the nursery. Jamie is a great example of what a Job's Daughter should be and it's an honor to have her as a friend.



Hiram Lodge No. 13 Visitation & Cold Sands Ceremony



Temple Lodge No.6 & Mt. Everest Lodge No. 1 Prince Hall Joint Communication



Bro. John "Ziggy" Bosarge Master Mason Degree. Sandoval Lodge No. 76

After Hiram's regular meeting, Ballut Abyad held a Col Sands Ceremony. With quite some time being a part of the clown unit as Buddy the Clown, Bro. Bosarge is now an Official member of the Ballut Abyad Shriners. Congratulations Brother.



FUTURE OCCASIONS

**March 9th - Master Mason Degree for
 Bro. Guillermo Bonilla
 & Presentation**

**A pictorial & Understanding of the Saint's John
 by WB Alex Cosby
 Dinner starts at 6pm**

**April 24th - Panda Express Fundraiser for
 Job's Daughter's Bethel 4. 5-8pm**



Written & Edited by:
Bro. Fred Kellogg

Bro. Fred Kellogg PM

Brother Fred was born on January 31, 1936 in Southwick, Massachusetts, a small farming community in southeast Massachusetts. His father, Seth, was employed by a rock quarry a business, producing crushed rock for road building which was important work during the great depression. He was able to provide for his family during these hard times.

Bro Fred was one of 3 siblings, a sister, Marilyn, two years older, and a brother, Seth, 4 years younger.

Bro Fred attended the local elementary school, which housed all grades 1-8 in a single building. His mother, Irene, taught English in grades 7&8.

During his teenage years, Bro Fred attended Westfield High School for one year. Then transferred to the Lenox School, a private High School in Lenox, MA. He graduated from Lenox in 1954.

Bro Fred attended Kenyon College a small liberal arts college located in Gambier, Ohio. He graduated in 1958 with a degree in Economics.

Upon graduation he joined the faculty of the Harbor Country Day School in St. James, Long Island, NY, as a teacher of Math and Science in grades 6-8. Bro Fred continued his education at C.W. Post college on Long Island, NY.

In 1963, Bro Fred met and married Joan Kessel. They had three children, Jennifer, Courtney and Justin all of whom graduated from college and now are settled with their families: Jennifer in Boston, working remotely for Kellogg Agency a Real Estate co based in Rio Rancho, Courtney in Rio Rancho, as the Broker of Kellogg Agency, and Justin in Denver, as a Deputy U.S> Marshal.

While living on Long Island, Bro Fred joined Smithtown Lodge #1127, and was raised a Master Mason in June, 1966.

Bro Fred's first daughter Jennifer was born in 1966, at the Smithtown General Hospital, in NY. His second daughter, Courtney was born in 1969, in Lake Forest Hospital in Illinois, His son, Justin was born on October 22, in the Presbyterian Downtown Hospital in Albuquerque, NM.

Bro Fred moved to Lake Forest IL in 1968 where he was the Assistant to the Headmaster of Lake Forest Country Day School in Lake Forest, IL

In 1972 He was appointed Headmaster of the Wheeling Country Day School in Wheeling, WV.

In 1975 Bro Fred and his family moved to Rio Rancho to assist his in-laws, Bro Eric Kessel and his wife Sister Lilli.

I asked him who he looked up to now and he said all of his Brethren as they display the enthusiasm and vitality needed by the Lodge. He likes to spend his free time gardening and caring for his dog, Koda, who, at age 14, is growing old with his master. He continues his Masonic associations, Blue Lodge and York Rite Bodies.

He enjoys classical music: His favorite composers are Tchaikovsky, Beethoven and Mozart.. His favorite color is blue. His favorite food is Italian. His favorite car is a Volkswagon one of which he purchased as his first new car in 1959. He doesn't watch much TV as he finds most of it boring, preferring PBS documentaries and national news programs. He would rather listen to a good book since his eyesight does not allow him to read regular text. His favorite movie is The Sound of Music. His favorite number is 14.

Bro. Kellogg's father and uncle were Masons in Massachusetts as well as his father-in-law Eric Kessel, who was a member in Smithtown, NY. His mother and mother-in-law were members of the Eastern Star which led to his interest in Masonry. When his in-laws moved to Rio Rancho, Bro. Fred and his family soon followed. His father-in-law was a member here at Sandoval and so WB. Fred petitioned and joined Sandoval Lodge #76 in 1978. He was appointed Junior Deacon in 1995, progressing through the line and was elected Master in 1999. The Highlight of his tenure was raising his son, Justin, to Master Mason in 1996. Bro Justin is still a member of Sandoval Lodge #76.

In 1979 Bro Fred founded the Rio Rancho Concrete Products Corp, which he operated until 1989.

In 1981 Bro Fred ran for and won a seat on the newly formed City of Rio Rancho City Council. He ran again, in 1982, won again and served until 1986

In 1990 he joined Waste Management as Dispatcher in El Paso, TX, later becoming Dispatcher/Manager of the Durango, CO office, then moved to the Farmington, NM offices, transferring to the Rio Rancho office in 1995 which allowed him time to become active in Masonry.

In 2002 Bro Fred and his daughters, Jennifer and Courtney, formed the Kellogg Agency, a Real Estate company. The Kellogg Agency specializes in residential home rentals in Rio Rancho and the west side of Albuquerque as well as home sales.

Bro Fred joined the Scottish Rite and the York Rite Bodies, becoming deeply involved in the York Rite. He was elected Grand Illustrious Master of the Grand Council of Royal and Select Masters of New Mexico in 2015, Most Excellent Grand High Priest of the Grand Chapter of Royal Arch Masons of New Mexico in 2016 and the Grand Commander of the Grand Commandery of Knights Templar of New Mexico in 2017. In 2017, he was awarded the Knight Commander of the Temple. He still attends York Rite meetings in Albuquerque and participates in their Festivals.

Bro Fred's masonic interest for the future is his Blue Lodge. He is participating in the Degrees and makes an effort to help with the Lodge's outreach program.